# Practice HEAT SAFETY Wherever You Are



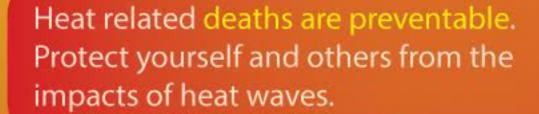
## **Job Sites**

Stay hydrated and take breaks in the shade as often as possible.



#### Indoors

Check up on the elderly, sick and those without AC.





### **Vehicles**

Never leave kids or pets unattended -LOOK before you LOCK



## **Outdoors**

Limit strenuous outdoor activities, find shade, and stay hydrated.

